

Do you need any of these in your marriage?

1. Continued growth and marriage enrichment
2. Safe, no judgment, and encouraging place
3. Connect with other Retrouvaille couples & Healthy couple friendships
4. Opportunity for dialogue
5. Date night & marriage maintenance

CORE is for YOU to heal further. CORE is ready to welcome and enrich you.



Retrouvaille Of Maryland & DC

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Community Coordinators
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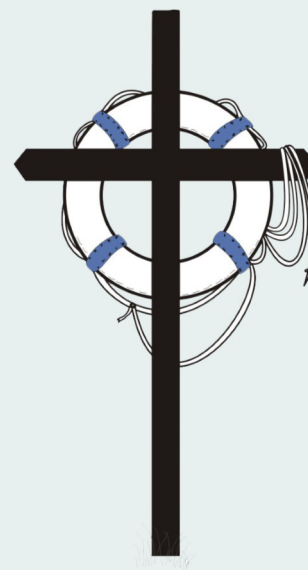
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Welcome to CORE & Retrouvaille Community



Retrouvaille of Maryland & DC



What is CORE?

Continuing Our Retrouvaille Experience is on-going support and encouragement with other couples who are striving to heal and grow their marriage.



Why CORE?

Improving your marriage is a journey and everyone needs assistance along the way. CORE provides an environment and community for couples to explore and learn about topics related to healthy marriages while engaging them in dialogue and group sharing.

In addition, the Maryland & DC CORE offers many social and marriage enrichment opportunities to participating couples, including:

- Guest Speakers
- Couples Sharing and Dialogues
- Spiritual Topics for Marriages
- Retrouvaille Tools and Techniques
- Potluck Gatherings and Picnics
- Marriage Improvement Resources

How Does It Work?

The Maryland & DC CORE meeting usually consists of the following six segments:

1. **Opening**
Prayer, welcome, introductions, and couple affirmations.
2. **Presentation**
A couple or guest speaker presentation on Retrouvaille topics, post-sessions, or other marriage topics. The topics are often related to the presenters own experiences.
3. **Dialogue**
A dialogue question related to the presentation is offered for growth in understanding each other's feelings.
4. **Group Sharing**
Questions are offered to the group with an opportunity for everyone to share their insights. Sharing is always optional, respected and kept confidential by everyone in the CORE meeting.
5. **Closing**
Announcements and a prayer.
6. **Fellowship**
Social time after the meeting usually with pot-luck dishes or visiting a restaurant.

Presentations may vary to include interactive group activities, games, movies and audio presentations.

When is CORE?

The primary CORE meeting is on the ***second Saturday*** of every month:

6:30 pm - 8:15 pm
St. Augustine School
Burke Community Wing
5990 Old Washington Rd
Elkridge, MD 21075

Sat. Mass Time: 5:00 P.M.

The CORE2 meeting is the ***fourth Saturday*** of most months:

6:30 pm - 8:15 pm
The location will vary and will be announced via email.

Occasionally, CORE of Maryland/DC has family-friendly potluck gatherings, including an Epiphany party, summer time party, and promotes various healthy marriage-related activities and events throughout the year

