

We believe that every marriage, a union of one man and one woman, deserves the opportunity to survive, be healed and thrive as a covenant of life and love. Retrouvaille is the place where we, as hurting couples, found hope and so we are passionately committed to dramatically increasing the number of couples served in both new and existing communities worldwide.

#### - Retrouvaille Mission Statement

## Who We Are

#### **About Us**

C.O.R.E. (Continuing Our Retrouvaille Experience) is a support group offered for interaction with other couples who are striving to improve their relationship. Attendance at CORE is optional, but can provide encouragement and new friendships as you begin building a healthy marriage.

#### **Contact Us**

Website <a href="http://retromd.org/core-2">http://retromd.org/core-2</a> Email: <a href="mailto:RetroMDCore@gmail.com">RetroMDCore@gmail.com</a> Coordinators: Hank & Kim Kahl



# What is at the CORE of your Relationship?

Retrouvaille of DC &
Maryland Invites You
To **CORE** 





# What is Core?

Continuing Our Retrouvaille Experience, or CORE, is an ongoing support ministry that provides couples the opportunity to interact with each other and who wish to continue to improve and help their marriages beyond the post sessions and retreat weekend of the Retrouvaille program.

# Why Core?

CORE provides a forum for couples to explore and learn about topics related to healthy marriages while engaging them in dialogue and group sharing. In addition to this forum, the DC/Maryland CORE offers many social and marriage enrichment opportunities to participating couples, including:

- Guest Speakers
- Couples Sharing and Dialogues
- Spiritual Topics for Marriages
- Retrouvaille Tools and Techniques
- Snacks and Social Events
- Potluck Gatherings and Picnics
- Marriage Improvement Resources

# **How Does it Work?**

The DC/Maryland CORE meeting usually consists of the following five segments:

## 1. Opening

Opening prayer, welcome, introductions, and couple affirmations.

#### 2. Presentation

Presentation by a couple or guest speaker on Retrouvaille talks, post-sessions, or other marriage topics. Often, presenters relate the topic to their own experiences.

#### 3. Dialogue

Presenters offer a dialogue question related to the presentation for couples to work on

## 4. Group Sharing

Presenters provide a sharing question for the group and offer the opportunity to share

## 5. Closing

Announcements, business items, refreshments, and a closing prayer Presentations may vary from presenters reading or talking, to interactive group activities or games, movies or audio, and others.

Sharing is always optional, respected and kept confidential by everyone in the CORE meeting.



# When is CORE?

CORE of DC/Maryland meets on the second Saturday of every month:

6:30-8:00 P.M. St. Augustine School Paul E. Burke Community Wing 5990 Old Washington Rd Elkridge, MD 21075

Sat. Mass Time: 5:00 P.M.

Occasionally, location & time may vary CORE of Maryland/DC has family-friendly potluck gatherings, including an Epiphany party, summer time party, and promotes various healthy marriage-related activities and events throughout the year